

# Psychic Times

## Questions and Answers

How do you do this ... how do you get the information on people?

I'll answer that with a story (of course!). One of my first "real" readings was at the end of a 2 ½ hour seminar on stress and self-esteem that I'd presented for a large company. Several individuals had asked me questions and then one woman approached and asked a question on how to get more information on stress. She had arrived late to the seminar so I gave her the handouts she had missed ...then looked at her and said, "You and your husband ...." I went on and on and when I finished she was speechless and had the largest eyes I had ever seen!

"How did you do that?"

"Oh," I responded, "I have a radio show and I'm just good with voices." She nodded as if she understood and that what I'd said actually was an explanation.

On the long drive back home I repeated to myself what I had said: "I'm good with voices." What was that?!? Years later I would come to understand that what I should have said was that I can discern – read energy – and by doing so (through a person's voice) I can hopefully correctly interpret what his happening in her/his life.

Where does the information come from? Well that's a question for another day.

## You're Not the Psychic!

Although I have been doing readings since 1993, most of those early years were spent doing readings in person – not on the phone. I would meet someone in a place like a bookstore that had an eating area where we could sit and talk over a cup of coffee. One day I set an appointment to meet someone, but since she hadn't wanted to meet in a bookstore, we planned instead to meet at the local public library. I had just returned from doing a motivational speech when she had called, so I set off to meet her right away.

I spotted her, walked up to her, and introduced myself, "Mrs. J\_\_\_, I'm the psychic you spoke with." She looked confused.

"You can't be the psychic. I didn't speak to you."

"Mrs. J\_\_\_, you spoke to me about three problems you were concerned about and wanted me to look at those issues." Then I identified the three problems. She just stared at me, "But you **can't** be the psychic!"

"But ma'am, I **am** the psychic you spoke with."

"No, you are **not** the psychic! Psychics don't wear 3-piece suits!"

So I took off my jacket, vest and tie and rolled up my sleeves. She pointed her index finger at me and said, "You can't fool me. You're **not** the psychic!" So I smiled and said, "You're right, Mrs. J\_\_\_," and left the library because I knew she'd never believe anything I said.

P.S. I DID wonder how long she sat there waiting for the "real" psychic to show up!

## Connecting with Non-humans: from one of my clients ....

## *The Story of Poody*

Tierra, a Tortie kitten, came from an animal hospital in August with a big spirit for such a small cat. In no time she had both dogs in line and me twisted around her little paw. Even my Tabby Billy was in love, and he was Mister "Can't-be-bothered."

I gave her other names because Tierra seemed so formal. "Kitty Booms" was very appropriate because where ever she went something fell over and usually with a boom. Poody was her other name and she liked that one best.

As soon as Poody had enough weight to push the doggy door open, she was out of the house exploring the world. She was a fireball of energy -- definitely not a look-before-you-leap kind of cat. The dogs pretty much shadowed me except when they were sprawled out on the couch and Billy was, well, just Billy -- a cat about town

Like any good dad, I lectured Poody on the virtues of staying in the yard, and never crossing Mountain Avenue, a very busy road. I heard her say "Yes, dad" but her eyes said "No way, pops. I'm here to play!"

One day I came home from work and started right in on the feeding ritual. Poody, the youngest, got fed first, then the dogs Luke and Latka, and finally Billy, who ate whenever he felt like it. The sounds of hearty crunching and chewing filled the tiny kitchen, but where was Poody?

Poody didn't come home that night. She usually slept on my pillow above my head and was conspicuously absent. The next morning we scoured the neighborhood, distributing fliers and knocking on doors, but no one had seen our cat. One neighbor said he heard that a cat got run over that morning but had no other information.

Panicked, I called my friend, an animal communicator, who said she would contact Poody and send her right home. Thirty minutes later she called back. "Don't worry, she'll be back at four."

We waited patiently on the couch for Poody's imminent return. Four o'clock came and went. We waited until it got dark and I called once more. She couldn't understand it; Poody said she was home and why were we all sitting on the couch and not chasing her?

It struck home like a ton of bricks. She *was* home. Poody had passed over into spirit but didn't know it. It was she who had been run over. We learned that Poody was run over from behind and never knew what hit her, and didn't know she was on the other side. I cried. My friend worked with

Poody and helped her find her way into the light.

Poody's spirit is still here with us in the house. Every so often the animals chase her spirit and sometimes, in the middle of the night, I feel her soft deep purr on my head.



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#### **Contact Me**

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If you'd like to share some interesting stories of your own that have to do with psychic experiences, you're welcome to e-mail them to me and if we can fit them in here and there, we'll do that.

If there are questions you'd like to see addressed in the newsletter, send them along also.

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